

Week One

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN CHOICE

Cheese & Tomato Pizza

Build a Burger - Beef or Plant Based Burger

Sliced Roast Turkey with Yorkshire Pudding & Gravy

Mild Chilli Con Carne with Wholegrain Rice & Nachos

Salmon Fish Fillet

VEGGIE CHOICE

Vegetarian Sausage in a Warm Hot Dog Roll

Wholegrain Pasta with Vegetarian Bolognese Sauce

Sliced Quorn Roast with Yorkshire Pudding & Gravy

Mild Vegetable Chilli with Wholegrain Rice & Nachos

Fishless Fingers

lighter BITE

Trio of Sandwiches with Carrots, Peppers and Cucumber

Jacket Potato with Baked Beans

Baguette with Gammon Ham and Salad

Jacket Potato with Baked Beans & Cheese

Baguette with Sliced Turkey, Cranberry sauce & Salad

SIDES

Garlic & Herb Jacket Wedges Salad Bar

Mini Roasties with Savoury Topping Salad Bar

Roast Potatoes Seasonal Vegetables Salad Bar

Bloomer Bread Sweetcorn & Cucumber Salad Bar

Crispy Chips Peas & Sweetcorn Salad Bar

DESSERT

Lemon & Poppyseed Muffin

Fruit Jelly with Vanilla Biscuit

Pear & Chocolate Crumble with Ice Cream

Carrot Cake.

Fresh Fruit Bar

Week Two

MONDAY

Creamy Butternut Squash Macaroni Bake

Vegetarian Meatballs in Warm Pitta Bread

Jacket Potato with Baked Beans or Cheese

Jacket Wedges Sweetcorn & Cucumber salad Salad Bar

Chocolate Cornflake Crackle

TUESDAY

Chicken Korma with Wholegrain Rice & Naan Bread

Cauliflower & Chickpea Curry with Wholegrain Rice & Naan Bread

Ploughman's Lunch with Ham or Cheese, Salad & Pickles

Sliced Pepper & Cucumber Salad Salad Bar

Fruity Rocky Road

WEDNESDAY

Baked Sausage Roast with Yorkshire Pudding & Gravy

Baked Vegetarian Sausage Roast with Yorkshire Pudding & Gravy

Baguette with Tuna & Salad

Roast Potatoes Seasonal Vegetables Salad Bar

Ice Cream with Fruit Toppings and Ice Cream Sauce

THURSDAY

Traditional Beef Lasagne

Roasted Vegetable Lasagne

Jacket Potato with Ham & Salad

Garlic Bread Seasonal Vegetables Salad Bar

Jam & Coconut Muffin Cake

FRIDAY

Omega Three Fish Fingers with Ketchup

Quorn Vegan Nuggets with Ketchup

Warm Bacon Baguette with Salad

Crispy Chips Baked Beans Peas Salad Bar

Fruit Smoothie

DESSERT

SIDES

BITT

lighter

VEGGIE CHOICE

MAIN CHOICE

MAIN

Week Three

MONDAY

Mac &
Cheese

Jerk Quorn Fillet
with Rice & Peas

Jacket Potato
with Baked Beans

Bloomer Bread
Diced Potatoes
Salad Bar

Banana Muffin

TUESDAY

Meatballs in a
Sweet Pepper
Sauce with Rice

Vegetarian
meatballs in a Sweet
Pepper Sauce with
Rice

Cheese Toastie
with Runner Bean
Slaw

Crusty Bread
Sweetcorn and
Cucumber
Salad Bar

Belgian Waffle with
Ice Cream &
Chocolate Sauce

WEDNESDAY

Sliced Roast
Gammon with
Yorkshire Pudding
& Gravy

Braised Quorn
Fillet with
Yorkshire Pudding
& Gravy

Jacket Potato with
Tuna

Roast Potatoes
Seasonal Vegetables
Salad Bar

Chocolate Angel
Delight with Sliced
Banana

THURSDAY

Chinese Chicken
with Rice

Quorn & Vegetable
Paella

Gammon & Roast
Vegetable Panini

Bloomer Bread
Seasonal Vegetables
Salad Bar

Fruit Lolly

FRIDAY

Omega Three Fish
Fingers

Omelette with a
choice of toppings

Jacket Potato
with Baked Beans

Crispy Chips
Vegetable Selection
Salad Bar

Fruit Scone with
Jam and Cream

MAIN
CHOICE

VEGGIE
CHOICE

lighter
BITE

SIDES

DESSERT