

# P.E Curriculum Map (2022-2023)



PE offer: Children receive 2x lessons of PE a week. 1 lesson is taught by a PE coach and the other is taught by the class teacher.

PE passport provides us with detailed plans supported by videos and resources, that provides our teachers with the tools to deliver active, fun and challenging lessons in line with the National Curriculum.

## P.E Curriculum map- Autumn Term

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Locomotion 1	Fundamental movement skills 1 (Taught by coaches and teachers)	Invasion game skills 1 (Taught by coaches and teachers)	Invasion game skills 2 (Taught by coaches and teachers)	Football (Taught by coaches and teachers)	Netball (Taught by coaches and teachers)	Handball	Netball (Taught by coaches and teachers)
Swimming								
Autumn 2	Fine motor skills	Yoga	Dance- Fire of London	Dance- Under the sea	Dance- Space	Dance- Vikings	Dance- British Values	Dance- Dance through the ages
		Locomotion 1	Fundamental movement skills 2	Fundamental movement skills 3	Hockey	Football	Swimming	Leadership

## P.E Curriculum map- Spring Term

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Spring 1	Dance- Jungle	Gymnastics- flight- Bouncing, jumping and landing	Gymnastics- Wide, narrow and curled rolling and balancing	Gymnastics- stretching, curling and arching	Gymnastics- Symmetry and asymmetry	Gymnastics- Arching and bridges	Gymnastics- Matching, mirroring and contrast	Gymnastics- Counter balance and counter tension
		Target games 1	Target games 2	Target games 3	Basketball	Hockey	Swimming	Tag rugby

Spring 2	Gymnastics- Travelling, stopping and making shapes	Net and wall game skills 1	Net and wall game skills 1	Net and wall game skills 2	OAA	OAA	Dodgeball	OAA
		Gymnastics- Rocking and rolling	Dance- Pirates	Dance- Mini beasts	Dance- Romans	Danish long ball	Swimming	Flag football

P.E Curriculum map- Summer Term

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Summer 1	Stability 1	Dance- Nursery rhymes	Athletics 2	Athletics 2	Athletics	Athletics	Athletics	Athletics
		Athletics 1	Object manipulation 2	Tri Golf	Tennis	Badminton	Swimming	Ultimate Frisbee
Summer 2	Target games 1	Locomotion 2	Gymnastics- Balancing and spinning on points and patches	Gymnastics- Spinning, turning & twisting	Gymnastics- Receiving body weight	Gymnastics- Partner work- pushing and pulling	Cricket	Tennis
		Striking and fielding game skills 1	Striking and fielding game skills 2	Striking and fielding game skills 2	Rounders	Rounders	Swimming	Cricket