## WEEK 2

# REACH Eat

MAIN CHOICE

VEGGIE CHOICE

LIGHTER BITE

# **AUTUMN 1 - 2025**

#### MONDAY

BBQ Quorn & Sweetcorn Pizza

> Macaroni Cheese

Jacket Potato with Baked Beans

SIDES

Jacket Wedges

Vegetables

Salad

DESSERT Decorated
Angel Whirl

#### **TUESDAY**

Tasty
Meatballs in a
Tomato &
Onion Sauce

Vege Meatballs in a Tomato & Onion Sauce

> Ham Salad Baguette/ Soft Roll

Savoury Rice Vegetables Salad

Fruit Lolly Fresh Fruit & Yoghurt

#### WEDNESDAY

Roast Meat Yorkshire Pudding & Gravy

> Cauliflower & Broccoli Bake topped with Crispy Onions

Jacket Potato with Tuna & Sweetcorn

Skin on Roasties Vegetables Salad

Melon Platter Fresh Fruit & Yoghurt

### THURSDAY

Chicken in a Black Bean Sauce

Quorn & Vegetable Oriental Stir Fry

Chicken Goujon Wrap

> Egg Noodles Vegetables Salad

Chocolate Cake Fresh Fruit & Yoghurt

#### **FRIDAY**

Omega Three Fish Fingers with Ketchup

Vegan Nuggets with ketchup

Ploughman's Lunch with Ham, Cheese & Egg

Crispy Chips Vegetables Salad

Ice Cream Fresh Fruit & Yoghurt